



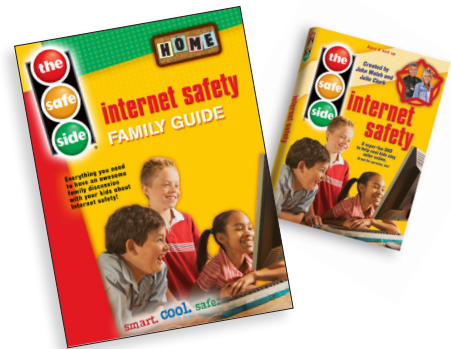
## Please read this first!

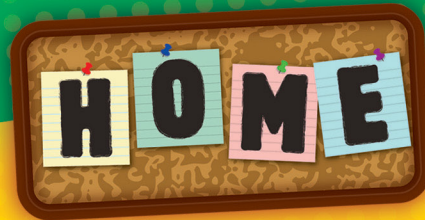
- ❖ Be patient when printing this PDF document. It may take several minutes of processing time before your printer begins outputting pages.
- ❖ A version of this Stranger Safety program designed for use in elementary schools is available as a free download at: [www.thesafeside.com/downloads](http://www.thesafeside.com/downloads). Tell your child's principal or the president of the PTA or PTO about The Safe Side.

Also available from The Safe Side!

### **An Internet Safety program for families**

The Internet Safety Family Guide  
can be downloaded for free at:  
[www.thesafeside.com/downloads](http://www.thesafeside.com/downloads)





# stranger safety

## FAMILY GUIDE

Everything you need  
to have an awesome  
family discussion  
with your kids about  
safety!



smart. cool. safe.®



## Dear Parents and Guardians,

We're pleased to welcome you to The Safe Side.

We're constantly asked what families can do to help their children stay safer. Here's a simple three-point plan.

### **1 Educate your kids. Knowledge is power.**

We created The Safe Side to present important safety information to kids in an engaging, easy-to-remember way. This Activity Guide was developed to help lead families through a thorough learning process. Here's what we recommend:

- ✦ Read the first section — **An introduction to personal safety** — to familiarize yourself with the resources contained in the Family Guide.
- ✦ Watch the *Stranger Safety DVD* with your child at least once. Encourage your child to watch it as many times as he or she wants to.
- ✦ Hold a family discussion and complete the various activities we've provided.
- ✦ Celebrate completion of your home study program with a "graduation event."
- ✦ Periodically discuss safety and review the Hot Tips with your child.

### **2 Know your neighborhood**

It's good to know whether or not potential threats exist in your immediate area. Family Watchdog is a free online service that keeps track of the locations of registered sex offenders using publicly available databases. We recommend you visit [www.familywatchdog.us](http://www.familywatchdog.us) to survey your neighborhood.

### **3 Support changes in the child protection laws**

After years of effort, the Adam Walsh Child Protection and Safety Act finally became law last July 2006, putting Federal penalties and enforcement in place. Many states also have implemented Jessica's Law, and other states are considering it and other protective legislation. We encourage you to support such efforts by writing to your representatives and voting for laws that protect our kids from predators.

As the parents of young children, we hope our work at The Safe Side contributes to your family being safer. Nothing is more important.

  
John Walsh


  
Julie Clark




*The Safe Side was founded by John Walsh, host of America's Most Wanted, and Julie Clark, creator of Baby Einstein. The Safe Side released its first home video, Stranger Safety, in May 2005. Stranger Safety has become one of the best-selling safety videos ever, and it has received numerous awards, including three Youth Programming Emmys and Parenting Magazine's 2005 Video of the Year. The Safe Side released its second video, Internet Safety, in October 2006.*



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	The Safe Side Company is a proud financial supporter of the National Center for Missing & Exploited Children ( <a href="http://www.missingkids.com">www.missingkids.com</a> ).	



## An introduction to personal safety

Welcome to The Safe Side's *Stranger Safety Family Guide*! You have joined a growing number of families that recognize the importance of discussing personal safety with their children.

We believe the most important way to teach safety to children is through open and frequent communication, discussion and practice. We have created our family study program to facilitate this process. We understand that different families have different sets of rules and opinions on safety topics, so our approach is flexible and open-ended.

### When is a good time to discuss safety?

Any time is a good time to discuss safety with your child. We also recommend reviewing safety tips and any family rules at the beginning of the school year and before summer break. Kids are outside during these times of the year, a fact known to predators.

### Overview

The **Family Study Guide** provides a road map for reviewing important safety information with your child and preparing a family safety plan. The **Stranger Safety DVD** and **Cool Tunes** album (available at the iTunes Store) introduce and reinforce The Safe Side's safety messages in a way that is engaging, fun and memorable for kids, ages 5 to 9.



As you'll see, the *Stranger Safety DVD* is a home video rather than an educational film. It was designed to be something kids want to watch again and again.

### A note to homeschoolers

If you're interested in a more comprehensive curriculum, download the free *Stranger Safety Teacher Guide* at [www.thesafeside.com/downloads](http://www.thesafeside.com/downloads).

## Planning your family program

Our family study program is divided into three general activities.

- ★ Watch the *Stranger Safety DVD*.
- ★ Discuss the *Stranger Safety* movie and create a family safety plan.
- ★ Wrap up with a celebration.

Each activity is supported with a family friendly, self-explanatory “lesson plan.” The Family Guide features the three lesson plans in sequence, plus a the Stranger Safety Trivia Game and an interesting article for parents.

The checklist below can be used to move through the steps of the family program correctly.

## Planning chart

Step	Activity	Time
Step 1	<b>Watch the <i>Stranger Safety DVD</i></b> <ul style="list-style-type: none"> <li>– Read the <i>Stranger Safety</i> movie notes on pages 3 to 5.</li> <li>– Watch the <i>Stranger Safety</i> movie.</li> <li>– Watch the <i>Stranger Safety</i> music video (optional).</li> </ul>	10 minutes 35 minutes 5 minutes
Step 2	<b>Discuss the <i>Stranger Safety</i> movie and create a safety plan</b> <ul style="list-style-type: none"> <li>– Discuss the movie’s information using the Family Discussion Questions and Activities on page 7.</li> <li>– Conduct a Q &amp; A session using the Role-Playing Questions on pages 7 to 9 (recommended).</li> <li>– Review the Hot Tips Mini-Poster.</li> <li>– Complete the My Safe Side Data fill-in form.</li> <li>– Complete the Child ID Kit activity (recommended).</li> </ul>	30 minutes 30 minutes 5 minutes 10 minutes 20 minutes
Step 3	<b>Celebrate</b> <ul style="list-style-type: none"> <li>– Complete the home program with a celebration event, using the suggestions on page 16.</li> <li>– Celebrate by going to a favorite restaurant or ice cream shop.</li> </ul>	15 minutes
	<b>Optional activities for kids</b> <ul style="list-style-type: none"> <li>– Watch the <i>Stranger Safety</i> movie again.</li> <li>– Play the Stranger Safety Trivia Game (see pages 18 to 28).</li> <li>– Listen to the <i>Cool Tunes</i> album (available at the iTunes Store)</li> </ul>	



## Activity 1: Watch the Stranger Safety DVD Let's get on The Safe Side

### Objectives

- ★ Introduce key concepts:
  - Safe Side Adults;
  - Don't Knows; and
  - Kinda Knows.
- ★ Introduce the seven Stranger Safety Hot Tips (safety rules)

### Activities

- 1 Read the background information below.
- 2 Watch the *Stranger Safety* movie as a family.
- 3 Watch the *Stranger Safety* music video (optional).
- 4 Let your child watch the movie again (recommended).



### The problem with the term “stranger”

As you'll discover, we have taken a fresh, child-friendly approach to a topic that is often taught inaccurately or avoided entirely because “it's scary.” The terms “stranger” and “stranger danger” are familiar, but prone to misconceptions. You'll notice that we do not use the word “stranger,” except as a title. A key goal of our activities and home video is to provide children with more effective ways to evaluate situations around them without relying on the traditional “stranger” concept. See page 29 for a related article.

### A few words about the Stranger Safety movie

Prepare yourself for something a little different! The movie is an engaging blend of zany characters, humorous situations, and serious safety messages. *Stranger Safety* is a viewing experience designed to prevent safety from being “boring” or “scary.” Kids love it, and so do the critics. *Stranger Safety* has won many awards, including Parent Magazine's “2005 Video of the Year” and three Youth Programming Emmys.

Here are some notes that you'll find useful as you watch *Stranger Safety* movie.

- ★ The Safe Side motto is **smart. cool. safe.** We tell kids there are times when it's important to be **smart** (recognize danger), and other times when it's important to be **cool** (be cautious and think). Staying **safe** is the reward for knowing what to do and doing it.

**smart. cool. safe.®**

- ★ The movie is structured around defining three types of grownups: Don't Knows, Kinda Knows, and Safe Side Adults. We use the terms "Don't Know" and "Kinda Know" because their meaning is more precise and understandable than the word "stranger." Safe Side Adults are a child's most-trusted grownups, and need to be designated by the child's parents or guardian.
- ★ Our rules are called Hot Tips. We use "tips" rather than "rules" because we want kids to take ownership of the concepts and actively apply the knowledge to everyday situations, like walking to school, playing at the rec center, or opening the door at home.
- ★ The Safe Side characters are fun, with a purpose. Safe Side Superchick is modeled on everybody's favorite aunt — part kid, part grownup. Buddy, her gorilla pal, appears periodically to provide comic relief and draw kids into the action ("What's he doing?"). Fang is a Don't Know, canine style, and gives Safe Side Superchick something to be afraid of that isn't scary to kids.



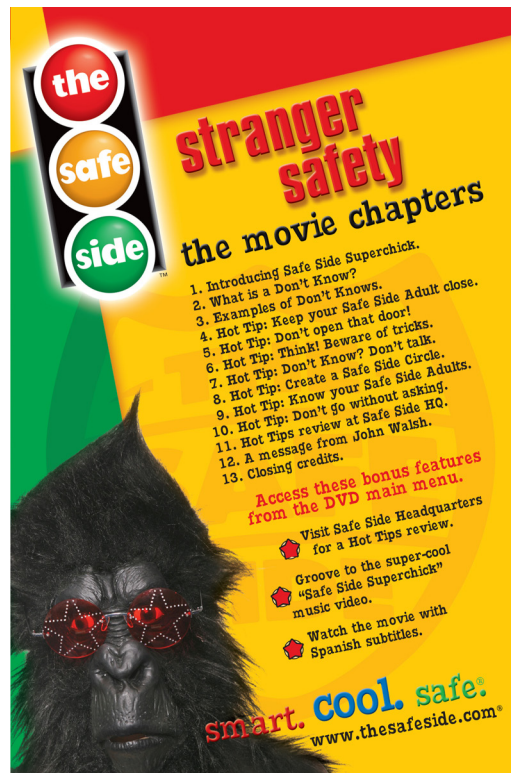


- ★ When the credits roll, a whole new type of fun begins —*Stranger Safety* bloopers set to a song written by Gary Greene of Hootie & The Blowfish.
- ★ In addition to the movie, the DVD has a few special features, all accessible from the main menu. You can select to watch the Hot Tips Review, Music Video or the movie with Spanish subtitles. Like most DVDs, the movie is divided into chapters. You can skip forward or backward through the chapters using the DVD player's remote control.

### When you watch

The primary purpose of the movie is to show kids how Hot Tips should be used in a number of familiar settings and common situations. While watching, tell your child to look for the introduction of key vocabulary terms (Safe Side Adults, Kinda Knows, Don't Knows), and identification of the seven Hot Tips.

A useful viewing reference is **the movie chapters** program, shown below, and included with your *Stranger Safety* DVD.





## Activity 2: Discuss the Stranger Safety movie Be smart. Be cool. Be safe.

### Objectives

- ★ Review and reinforce the information presented in the *Stranger Safety* movie.
- ★ Create a family safety plan by selecting your child's Safe Side Adults and completing the My Safe Side Data fill-in form.

### Activities

- 1 After watching the *Stranger Safety* movie, sit down with your child and discuss it using the Family Discussion Questions and Activities provided on page 7.
- 2 Review the Hot Tips Mini-Poster and post it somewhere in your house where it can be seen (refrigerator, bulletin board, door).
- 3 Work with your child to complete the My Safe Side Data fill-in form.
- 4 Complete the Child ID Kit activity (recommended).
- 5 As a culminating activity, discuss the Role-Playing Questions on pages 7 to 9 with your child.

### Optional activities

- ★ Watch the *Stranger Safety* movie and play the Trivia Game.
- ★ Listen to the *Cool Tunes* album (available at the iTunes Store).

### Activity materials

- ★ Copies of the Hot Tips Mini-Poster and My Safe Side Data fill-in form were included in your *Stranger Safety* DVD package. In case they've been lost, we've also included cut-out versions on page 10.
- ★ Masters for a Child ID Kit can be found on pages 11 to 15.
- ★ The Stranger Safety Trivia Game can be found on pages 18 to 28.



### Family discussion questions and activities

After viewing the movie, there are a number of questions you can ask and things you can do to make sure the information sticks. Try our recommended questions or create your own.

- ❓ What is a Don't Know?
- ❓ What is a Kinda Know? Can you name three Kinda Knows?
- ★ Read each of the seven Hot Tips together from the Hot Tips Mini-Poster. Have your child explain what each means in his or her own words, and give an example of when the Hot Tip should be used. Cut out the Hot Tips Mini-Poster and put it in a place where your child will see it. Quiz your child about the Hot Tips from time to time.
- ★ Complete the My Safe Side Data fill-in form with your child, selecting three Safe Side Adults and recording important phone numbers. Put the directory in an easy-to-remember location and help your child commit the phone numbers to memory in case the information is ever needed in an emergency.
- ★ (Recommended) Complete the Child ID Kit. The most important information in any identification kit is an up-to-date photo and current personal data (height, weight).

### Role-playing questions

Role-playing is an excellent way to practice applying knowledge. The following questions provide your child with an opportunity to demonstrate his or her understanding of when and how our Hot Tips should be used. Our suggested answers (below each question in italic) may differ from your family's rules and are subject to modification, as appropriate.

- 
- ❓ **What would you do if you were alone and the doorbell rang? Do you think you should talk to the person at the door, even if the door is locked? What if they said they needed help? Should you open the door?**

*Your child should never open the door without his or her Safe Side Adult. Teach them not to approach the door or look out the window where the person could see them. They should not talk with the person at the door. If the person does need help and the child doesn't answer, that person will go somewhere else.*

- 
- ❓ **When is it safe to play alone outside the house? What rules should we have about where it is safe to play outside? Should you have a friend with you when you play outside?**

*Children should never play outside alone. It is much safer if they play with a friend within sight of their Safe Side Adult. Children who are alone or isolated are more vulnerable to someone who means them harm.*

**? If someone did something that made you feel scared, uncomfortable, or confused, who should you tell? What if they told you to keep it a secret?**

*Children may feel guilty or embarrassed if someone has done something inappropriate to them. Let your child know that there is nothing they could tell you that would make you lose your love for them. Let your child know that you will always listen to and believe them no matter what.*

**? Is it okay to play alone in our car? Is a car a good hiding place?**

*A car is a dangerous place for a child to play. Many children are hurt in accidents involving parked cars and may not be able to get out of a car if it is stolen, or if they are hiding in it.*

**? Is it okay to leave our yard and go somewhere without telling me?**

*Explain to your child that it is not okay to go somewhere without asking you, because if something happens to them, you wouldn't be able to help them. It's always better to check first and check in with their Safe Side Adult before they go anywhere.*

**? Here's the situation: you're playing in front of our house (or apartment) and a car pulls up near you. You recognize the driver, but that person is not on your Safe Side Adult list. The person begins to get out of the car to approach you. What should you do?**

*Even if your child recognizes the person in the car, he or she should not speak to or allow a Kinda Know to get close if their Safe Side Adult isn't around. They should run into the house immediately and tell their Safe Side Adult.*

**? Should you ALWAYS listen to adults? When is it appropriate NOT to listen to what a grown-up says?**

*Teach your children they do not always have to listen to adults. If an adult tells them something or does something that makes them feel scared, confused or uncomfortable, they should tell one of their Safe Side Adults as soon as they can. Get out of the situation as quickly as possible.*

**? What other things, besides yelling, could you do if someone grabbed you and attempted to pull you into a car?**

*It's very hard to fight with a person who is much larger than a child, but children can scratch, pull hair, kick and wriggle around to draw attention to themselves. Kids should do whatever they can to get away, even though they are frightened. Each year thousands of children avoid abduction because they know what to do.*

**? What if you're at the store with your Safe Side Adult and a grown up that you don't know asks your name? Should you give them your name?**

*Without your permission, a child should not give out any personal information about him or herself. We recommend children not wear shirts, hats or other articles of clothing that contain their name.*

---

**? What if you are accidentally separated from your Safe Side Adult in a store? What should you do? Who can help you?**

*At a store, tell your child to go to the person working behind the counter. If this is not possible, have your child approach a woman with children for help or a uniformed law enforcement or security officer.*

---

**? Let's practice yelling as if a Don't Know or a Kinda Know were hurting you or trying to grab you. Yell for me as loud as you can.**

*Role-playing is one of the best things you can do to teach your child about safety and reinforce the skills they need to know. Practice all of the scenarios from *The Safe Side* video and make sure your child really understands what to do in these situations.*

---

**? If you were in a store and a person dressed as a security guard or police officer asked you to go with them, what should you do? Should you go without your Safe Side Adult?**

*Teach your child never to go with anyone without checking with their Safe Side Adult. If their Safe Side Adult isn't with them, tell the person they need to call their Safe Side Adult. If the person is legitimate, he or she will understand the caution your child is displaying.*

---

**? How should you answer the phone in our house? If the person on the line asks you your name or where you live, should you tell them? What should you do?**

*If your child is home alone, he or she should say that their parents can't come to the telephone right now and ask to take a message. Teach your children not to engage in any other conversation or reveal any personal information. Some parents tell their children to screen the calls or not to answer at all if they are home alone.*

---

**? If someone was hurting you and said that they would hurt you again if you told anyone, what should you do?**

*Always tell. Let your child know that you will always believe them, even if the person hurting them is close to you (relative, friend, etc.), and you will help them deal with the situation.*



# my Safe Side data

My address \_\_\_\_\_

My phone \_\_\_\_\_

Mom's cell phone \_\_\_\_\_

Dad's cell phone \_\_\_\_\_

Safe Side Adult 1 \_\_\_\_\_

Phone \_\_\_\_\_

Safe Side Adult 2 \_\_\_\_\_

Phone \_\_\_\_\_

Safe Side Adult 3 \_\_\_\_\_

Phone \_\_\_\_\_

Police \_\_\_\_\_

Fire \_\_\_\_\_

Doctor \_\_\_\_\_

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[www.thesafeside.com](http://www.thesafeside.com)



# Hot Tips for cool kids

from the Stranger Safety movie

Keep your Safe Side Adult close.  
If you can see them, they can see you.

Never open the door without your Safe Side Adult.

**STOP AND THINK!** Don't fall for tricks.

Never talk to Don't Knows unless your Safe Side Adult is with you.

Don't let anyone inside your Safe Side Circle. Run from danger!

Know your three Safe Side Adults.  
Never go anywhere, with anyone, unless you ask your Safe Side Adult first.

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[www.thesafeside.com](http://www.thesafeside.com)





# Child ID Kit

A STRANGER SAFETY RESOURCE



CHILD'S NAME:

DATE:

**smart.** cool. safe.<sup>®</sup>  
[www.thesafeside.com](http://www.thesafeside.com)<sup>®</sup>

## My Safe Side Super Stats

Please fill in the info below about your child.

\_\_\_\_\_ Full Name

\_\_\_\_\_ Nicknames

\_\_\_\_\_ Street Address

\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip

\_\_\_\_\_ Race \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Gender

\_\_\_\_\_ Mother/Guardian's Name \_\_\_\_\_ Phone # (Circle one: work/home/cell)

\_\_\_\_\_ Father/Guardian's Name \_\_\_\_\_ Phone # (Circle one: work/home/cell)

\_\_\_\_\_ Eye Color \_\_\_\_\_ Hair Color \_\_\_\_\_ Height \_\_\_\_\_ Weight

\_\_\_\_\_ Medications \_\_\_\_\_ Blood Type

\_\_\_\_\_ Chronic Allergies/Illness

\_\_\_\_\_ Doctor's Name and Phone Number

\_\_\_\_\_ Emergency Contact Name and Phone Number

## My Photograph

Include a current photo of your child (head and shoulders).



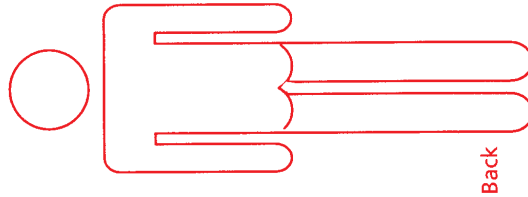
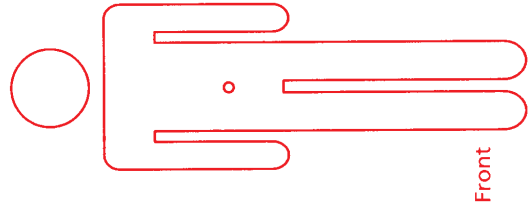
One of the most important parts of this ID kit is keeping this photo current.

\_\_\_\_\_ Date of picture / Age of your child in this picture



## My Physical Features

Indicate any identifying marks on the figures below  
(birthmarks, scars, etc.)



Circle if any of these apply to your child:

Glasses Braces on teeth Contact lenses Piercings

Braces on legs Prosthetic limb(s) Other \_\_\_\_\_

Describe features here:

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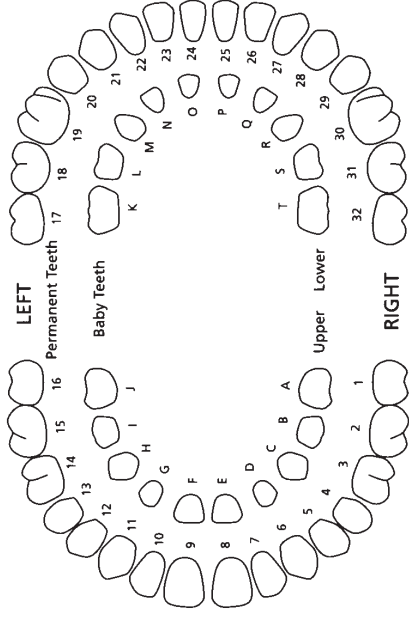
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## My Pearly Whites

Please have your dentist complete this chart at your next visit.  
Your dentist may use a different chart. If so, store it with this kit.



\_\_\_\_\_  
Dentist's name and phone number

## Fingerprints and DNA

Some child identification kits include a place for fingerprints. To be accurate and useful to law enforcement, fingerprints should be taken by a professional and recorded on acid-free paper.

A DNA sample is the most accurate form of identification. The Safe Side recommends use of the DNA Legacy Kit by LifePrint. It can be purchased at [www.dna-lifeprint.com](http://www.dna-lifeprint.com).

## Word Search Fun

P	S	N	R	U	N	F	O	M	D	A	N	G	E	R	
S	A	F	E	S	I	D	E	C	I	R	C	L	E	D	I
M	E	N	T	U	R	E	A	I	N	T	O	P	A	R	A
A	Y	F	R	P	A	D	Y	L	O	I	W	D	S	U	W
B	S	O	I	E	E	T	R	O	S	D	H	O	T	A	S
T	U	H	T	R	I	C	K	S	A	N	I	N	H	E	O
C	M	E	F	C	V	A	R	E	F	H	O	T	T	I	P
O	V	W	O	H	A	T	H	R	E	W	A	K	R	M	E
O	G	O	R	I	L	L	A	N	T	U	N	H	P	N	
L	E	N	M	C	R	T	G	I	Y	R	T	O	T	E	D
S	Y	D	A	K	I	N	D	A	K	N	O	W	H	E	S
A	W	O	L	F	S	A	M	A	O	S	E	I	B	I	N
F	C	O	S	A	F	E	S	I	D	E	A	D	U	L	T
E	B	R	E	N	A	N	O	U	H	E	G	F	D	A	F
S	T	O	P	A	N	D	T	H	I	N	K	G	D	E	R
B	R	N	I	Y	B	I	O	Y	D	P	L	U	Y	P	H

Can You Find These Words In The Puzzle Above?

- SAFE SIDE ADULT
- SAFE SIDE CIRCLE
- SUPERCHECK
- FANG
- BUDDY
- GORILLA
- DONT KNOW
- KINDA KNOW
- HOT TIP
- SAFETY
- STOP AND THINK
- RUN FROM DANGER
- SMART COOL SAFE
- TRICKS
- DOOR



## Connect-The-Dots

To create a picture of Safe Side Superchick's best friend Buddy.



## My Rules For Safety



**I CHECK FIRST** with my Safe Side Adult (parents, guardians, or other trusted adults) before going anywhere, doing anything, helping anyone, accepting anything, getting into a vehicle, or leaving with anyone.



**I TAKE A FRIEND** with me when going places or playing outside.



**I TELL** someone NO if they try to touch me or do things in ways that make me feel scared, uncomfortable, or confused, because it's OK for me to stand up for myself.



**I TELL** my parents, guardians, or other trusted adults if any thing happens to me.

Sometimes there are people who choose to trick or hurt others. There is no excuse — no one has the right to force, trick, or pressure people into doing things they don't want to do. So use these rules, and remember you are STRONG and SMART, and have the right to be SAFE. Always.

Adapted from *Knowing My Rules for Safety*. Copyright 1991, 1999, and 2005 The National Center for Missing & Exploited Children. All rights reserved.

## What To Do If Your Child Is Missing

### Act immediately if you believe that your child is missing.

- ✧ If your child is missing from home, search the house checking closets, piles of laundry, in and under beds, inside old refrigerators—wherever a child may crawl or hide.
- ✧ If you still cannot find your child, immediately call your local law-enforcement agency.
- ✧ If your child disappears in a store, notify the store manager or security office. Then immediately call your local law-enforcement agency. Many stores have a Code Adam plan of action—if a child is missing in the store, employees immediately mobilize to look for the missing child.
- ✧ When you call law enforcement, provide your child's name, date of birth, height, weight, and any other unique identifiers such as eye glasses and braces. Tell them when you noticed that your child was missing and what clothing he or she was wearing.
- ✧ Request that your child's name and identifying information be immediately entered into the National Crime Information Center (NCIC) Missing Person File.
- ✧ After you have reported your child missing to law enforcement, call The National Center for Missing & Exploited Children on its toll-free telephone number, 1-800-THE-LOST (1-800-843-5678). If your computer is equipped with a microphone and speakers, you may talk to one of the Center's Hotline operators via the Internet.

Adapted from *Just in Case...Missing*. Copyright © 1985 National Center for Missing & Exploited Children (NCMEC). All rights reserved.



**Some child ID kits include a plastic bag or other container for hair or other samples. We don't recommend this type of DNA sample storage. If law enforcement agencies need a DNA sample, they will collect it in the home by taking a toothbrush, hairbrush or other items.**

FOR MORE INFORMATION ON RESOURCES AND VALUABLE TIPS  
TO HELP PROTECT YOUR FAMILY, PLEASE VISIT  
[www.thesafeside.com](http://www.thesafeside.com)



## Activity 3: Celebration ceremony

# You've been Super Safety-fied!

### Objectives

- ★ Celebrate the completion of the family study program.
- ★ Present a Certificate of Achievement to your child.

### Suggested activities

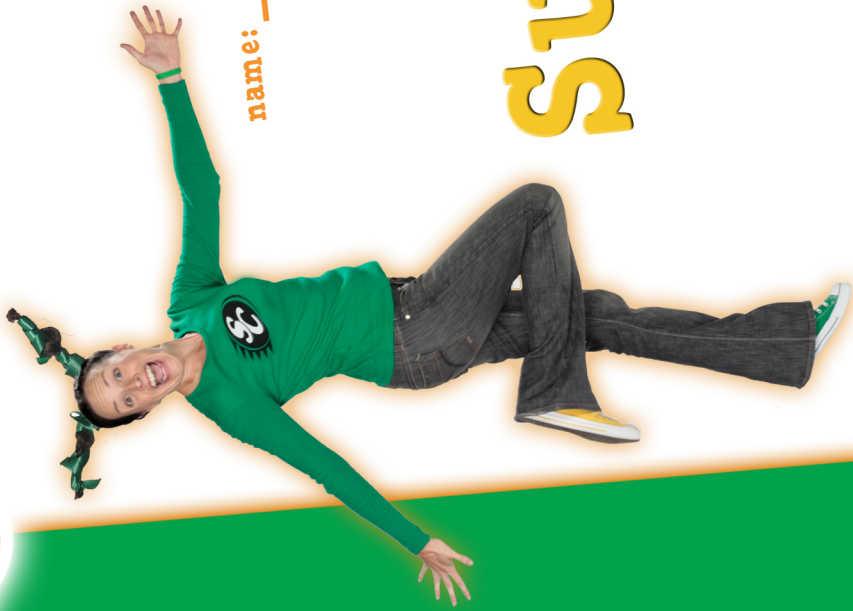
It's important to reward children for work well-done. Celebrating the completion of the *Stranger Safety* family study program also lets your child know the importance you place on the subject of safety. Here are some suggestions for a cool celebration event.

- ★ Include other children in your family, or invite relatives or friends.
- ★ Hold a brief discussion to relive some home study highlights, asking questions such as:
  - ? What was your favorite part of the video? Why?
  - ? Who is your favorite character?
  - ? What's the funniest thing Safe Side Superchick did in the movie?
  - ? What's the most important thing Safe Side Superchick taught you in the movie?
- ★ Include entertainment during the celebration by trying one or more of these ideas:
  - Play the Safe Side Superchick music video while kids sing and dance.
  - Play the Cool Tunes CD and have kids sing along.
  - Have the kids perform a Safe Side skit that they create themselves.
- ★ Congratulate and present your child with a Certificate of Achievement (see next page). Consider making the presentation formal, like a graduation.
- ★ Serve snacks or take your child to his or her favorite restaurant to celebrate.





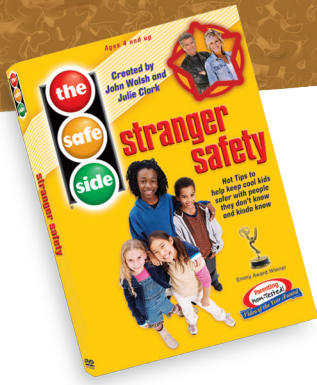
**Safe Side Superchick**  
**says**



name: \_\_\_\_\_

**is**  
**Super Safety-fied!**



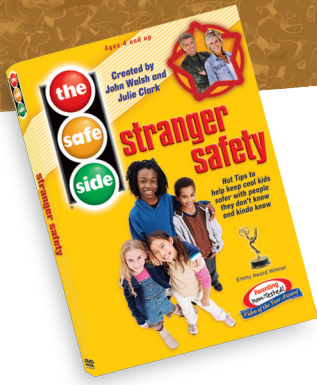


## Activity 4: Stranger Safety Trivia Game

This fun trivia game is an excellent review of the *Stranger Safety* DVD along with the Hot Tips provided in the show. You can use this trivia game in a number of different ways to create game opportunities.

### Instructions

- 1 Tell children the *Stranger Safety* Trivia Game may be used in a variety of ways to reinforce The Safe Side safety messages. The questions are divided into sections coinciding with *Stranger Safety* movie scenes, and are sorted into three categories from easy to very difficult: 1) Safe Side Simple; 2) Safe Side Standard; 3) Safe Side Super Smart. You may not need to use all of the questions. Select the ones that are most appropriate for your group or activity.
- 2 Some of the trivia may initiate conversation and questions. (Take time to answer and clarify all questions.) Some of the trivia may encourage kids to be more alert and aware of what's happening around them. (Stress the importance of kids being observant of their surroundings so they know what to do if something unexpected happens.) Some of the trivia is just plain silly and fun. Hopefully, these trivia questions will inspire kids to watch the show over and over again.
- 3 Options for Safe Side Trivia use:
  - For small groups or classrooms, divide into teams and pose questions to team members. Questions may be asked to individuals, pairs, or groups. Use questions that are age-appropriate.
  - For added excitement, play *Stranger Safety* Trivia with a bell or noisemaker. Divide group into two teams, with one member from each team coming forward to answer a question. A player will stand on either side of the bell. The leader poses one of the trivia questions. The first person to ring the bell has the opportunity to answer the question. If the player fails to answer correctly, the opponent may answer. Play continues until all team members have had an opportunity to answer one of the questions. Fine-tune the rules to accommodate your group and time allowance.
  - Reproduce the questions. Cut the questions into sections, glue onto index cards, and place in a small box. Children may pull the cards to answer at their leisure or play as a "quiet game" with a friend.
  - Teachers may use these questions as a "Safe Side Question of the Week." Frequent reminders of movie points will help children remember how to be **smart. cool. safe.**



## Trivia questions

### Subject: Introducing Safe Side Superchick

#### Safe Side Simple

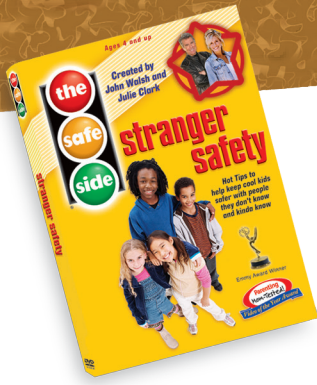
- ? What is the symbol for The Safe Side? (*Stoplight*)
- ? Who has come to earth to keep us SMART, COOL, and SAFE? (*Safe Side Superchick*)
- ? Safe Side Superchick wears Safe Side Super shirts. What colors are they and what do they mean? (*Red—Not safe; Yellow—Be careful; Green—Everything is safe*)
- ? What sound does Safe Side Superchick often hear that annoys her? (*Thunder*)

#### Safe Side Standard

- ? What kind of noise is at the very beginning of the DVD...bell, horn or whistle? (*Horn*)
- ? What is written on the dog dish? (*Fang*)
- ? When Safe Side Superchick snaps her fingers for the color green, she suddenly appears in what kind of costume? (*Grass skirt and Hawaiian shirt*)
- ? When do we hear the horn sound? (*When someone earns a Safe Side Badge*)

#### Safe Side Super Smart

- ? Complete this sentence: Faster than \_\_\_\_\_ (*Your mother's toaster.*)
- ? Complete this sentence: More powerful than \_\_\_\_\_ (*A runaway hamster.*)
- ? What is Safe Side Superchick doing when we first see her live? (*Directing traffic*)
- ? What color is Buddy's backpack? (*Hot pink and blue*)



## Trivia questions

### Subject: Don't Knows

#### Safe Side Simple

- ? What color is Fang? (*Brown and white*)
- ? Where does Safe Side Superchick land when she falls out of the tree? (*On a picnic table*)
- ? What is stuck on the back of Safe Side Superchick's pants when she gets up from the picnic table? (*A sandwich*)
- ? What hits Safe Side Superchick when she comes out of the restroom? (*A soccer ball*)

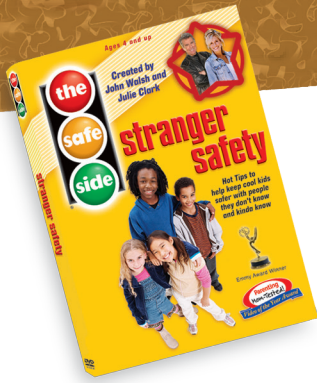
#### Safe Side Standard

- ? How many people are at the picnic table where Safe Side Superchick falls? (*Three*)
- ? Safe Side Superchick meets a basketball player. What color is his jersey? (*Yellow*)
- ? What is the number on the basketball player's jersey? (*Eight*)
- ? What color are Safe Side Superchick's tennis shoes? (*Right foot is green; left foot is red*)

#### Safe Side Super Smart

- ? How many scoops of ice cream does Safe Side Superchick have on her cone? (*Five*)
- ? How much are ice cream cones from the Soft Serve & Ice Cream Truck? (*Single scoop is 25 cents; double scoop is 60 cents; triple scoop is \$1*)
- ? Name four things that the children in the background are doing when Safe Side Superchick goes into the bathroom. (*Blowing bubbles, playing with a Frisbee, playing with a ball, using a butterfly net*)
- ? What color is the shirt that the lady in the bathroom is wearing? (*Purple*)





## Trivia questions

### Subject: Kinda Knows

#### Safe Side Simple

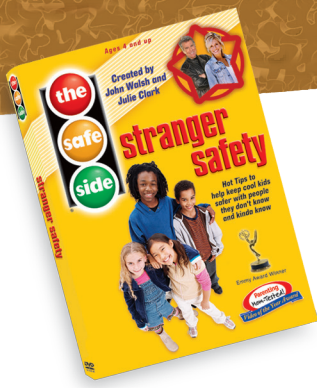
- ? What is a Kinda Know? (*Someone you kinda know*)
- ? Is the karate teacher a Safe Side Adult, Don't Know, or Kinda Know? (*Kinda Know*)
- ? Who does Safe Side Superchick share her hot dog with at the ball game? (*Fang*)
- ? Is the baseball coach a Don't Know or a Kinda Know? (*Kinda Know*)

#### Safe Side Standard

- ? Who is the umpire in the opening shot of the baseball game? (*Safe Side Superchick*)
- ? What is the Kinda Know neighbor doing while Safe Side Superchick is lounging on the chair? (*Trimming a tree*)
- ? Name three Kinda Knows that the Safe Side Superchick shows on the screen. (*Doctor, dentist, teacher, soccer coach, basketball coach*)
- ? Name three Kinda Knows that Safe Side Superchick names during her slide show presentation. (*Gymnastic teacher, guitar teacher, drum teacher, guy who cuts the grass. After a long breath she names more: Lifeguard at the swimming pool, guy who puts groceries in your bag at the grocery store, older brother's friends, older sister's friends, friend's aunts, anyone you've ever seen on TV, swim coach, mailman, milkman, the guy you like in math, and even Safe Side Superchick herself*)

#### Safe Side Super Smart

- ? What is on Safe Side Superchick's face at the baseball game? (*Mustard*)
- ? At the beginning of this Kinda Know section, we see a sign that is hanging on the school. What does it say? (*Safe Side Safety Week*)
- ? What is Buddy doing at the beginning of the school yard scene? (*Riding a tandem bicycle with someone*)
- ? What are the children on the blanket doing while the guy is cutting the grass? (*Looking at bugs with a magnifying glass*)



## Trivia questions

**Subject: HOT TIP | Keep your Safe Side Adult close. If you can see them, they can see you.**

### Safe Side Simple

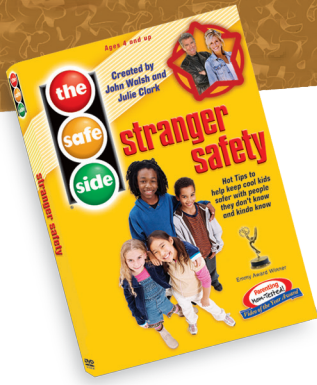
- ? Finish this sentence. Keep your Safe Side Adult close. If you can see them, \_\_\_\_\_  
(*They can see you.*)
- ? Who are your Safe Side Superheroes? (*Safe Side Adults*)
- ? Who are the three Safe Side Adults at the soccer game? (*Dad, Mom, Grandma*)
- ? True or False? At the soccer game, Safe Side Dad is wearing glasses. (*True*)

### Safe Side Standard

- ? What does Grandma have in her hands while she is sitting in the rocking chair?  
(*Knitting needles*)
- ? What is the name of the boy at the playground who has a black belt in karate? (*Braxton*)
- ? What does Safe Side Superchick find on the playground in the park? (*Nickel*)
- ? What happens when Safe Side Superchick bends over to pick up a nickel?  
(*"Swinging Grandma" nearly hits her*)

### Safe Side Super Smart

- ? What color is the blanket Grandma has on her lap? (*Purple*)
- ? What is Safe Side Superchick pretending to be at the start of the playground scene?  
(*A fish*)
- ? How big is the weight that Safe Side Dad is holding at the playground? (*500 pounds*)
- ? What did you notice about the man standing with Dad and Mom at the playground?  
(*His nose is white*)



## Trivia questions

**Subject: HOT TIP | Never open the door without your Safe Side Adult.**

### Safe Side Simple

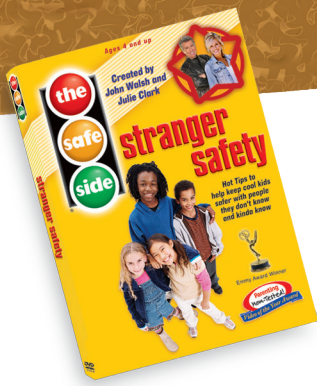
- ? What are the boys doing while Safe Side Superchick is sitting upside down in the chair? (*Playing video games*)
- ? In the "When I Was a Kid" scene, who is at the door when she looks out the first time? (*Clowns juggling giant cheese balls*)
- ? In the "When I Was a Kid" scene, who is at the door the next time she looks? (*Gorilla on skates*)
- ? When Mom comes to answer the door with Safe Side Superchick, what is she carrying? (*A plate of cookies*)

### Safe Side Standard

- ? When Safe Side Superchick is in the living room with the two boys and someone is at the door, what sound do we hear coming from another room? (*Toilet flushing*)
- ? What kind of snack is Safe Side Superchick eating while she is upside down on the chair? (*Cheese balls*)
- ? What color are the suspenders that Safe Side Superchick is wearing in the "When I Was a Kid" scene? (*Rainbow or stripes*)
- ? What does Safe Side Superchick have on her face when she answers the door with her mother? (*Chocolate*)

### Safe Side Super Smart

- ? What is covering the inside of the door in the "When I Was a Kid" scene? (*Beaded door*)
- ? What color are the flowers and vase in the Safe Side Superchick home? (*Yellow*)
- ? What is the household name of Safe Side Superchick? (*Smith*)
- ? When Mom and Safe Side Superchick answer the door together, the delivery man has a box. What does its label say? (*"Live Animal"*)



## Trivia questions

**Subject: HOT TIP | Stop and think! Don't fall for tricks.**

### Safe Side Simple

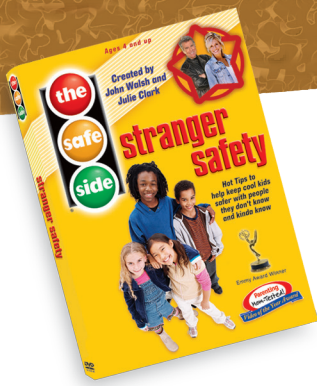
- ? What is the lady looking for when she approaches the two girls at the picnic table in the park? (*Her kitten*)
- ? What color is the kitten? (*White*)
- ? What is the kitten's name? (*Fluffy*)
- ? How old is the kitten? (*A few days old*)

### Safe Side Standard

- ? What do the girls do when the lady at the park approaches them about the lost kitten? (*Leave and go tell their dad*)
- ? What does the person give Kitty? (*News*)
- ? Who doesn't go anywhere without asking his mom or dad? (*Josh*)
- ? Who is walking home from school when approached by a Kinda Know? (*Amber*)

### Safe Side Super Smart

- ? A helmet is stuck on whom in the sport news? (*The gorilla*)
- ? Who does the bald man with a mustache talk to? (*A little girl*)
- ? Where does the Safe Side Superchick pretend to be a fish? (*At the playground*)
- ? Who is wearing a purple shirt? (*The lady in the washroom*)



## Trivia questions

**Subject: HOT TIP | Never talk to Don't Knows unless your Safe Side Adult is with you.**

### Safe Side Simple

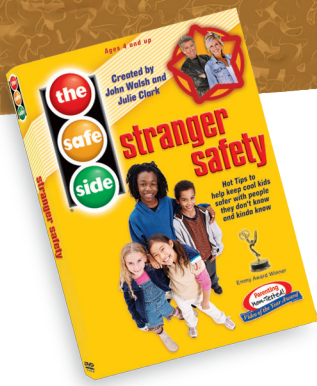
- ? What is Safe Side Superchick doing at the rec center? (*Playing ping pong*)
- ? What falls onto Safe Side Superchick when she opens the closet door? (*Toilet paper*)
- ? What should you do if you are separated from your Safe Side Adult? (*Go to a person who is working at the place or go to an adult with kids*)
- ? What should you do if someone asks you to leave with them? (*Run and yell*)

### Safe Side Standard

- ? What does Buddy need when Safe Side Superchick is playing ping pong? (*Toilet paper*)
- ? What color is the toy horse the girl is riding on when a Don't Know asks her name? (*White with black mane*)
- ? What did the girl on the horse do when the man asked her name? (*Ran to her Safe Side Adult and yelled, "Help, this isn't my dad."*)
- ? When Safe Side Superchick is telling us how to yell and Buddy is lying on the sofa, what is all over the floor? (*Banana peels*)

### Safe Side Super Smart

- ? What color is Safe Side Superchick's ping pong paddle? (*Blue*)
- ? A man asks the little girl in the pink outfit her name because he thinks she goes to school with his granddaughter. What he is wearing? (*Tan slacks, brown shirt, and brown jacket*)
- ? Describe the man who talks to the little girl on the horse. (*Big, bald, mustache and beard, blue shirt*)
- ? When Safe Side Superchick is telling us how to yell, what is Buddy doing? (*Lying on the sofa sipping on a banana with a straw*)



## Trivia questions

**Subject: HOT TIP | Don't let anyone inside your Safe Side Circle. Run from danger!**

### Safe Side Simple

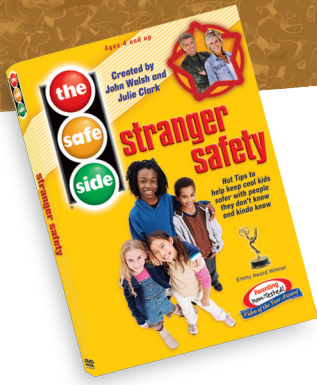
- ? Who is pushing Safe Side Superchick when she is swinging? (*Buddy*)
- ? What does Safe Side Superchick use to draw her Safe Side Circle? (*Giant red crayon*)
- ? True or false . . . Your Safe Side Circle is invisible. (*True*)
- ? The girl in the bicycle shop yelled for her mom when a Don't Know came inside her Safe Side Circle. What did Safe Side Superchick give her? (*Safe Side Badge*)

### Safe Side Standard

- ? Describe the man who approached the girl in the bicycle shop. (*Young, dark hair, blue shirt, tan pants*)
- ? What game are the girls playing when a car approaches them? (*Hopscotch*)
- ? What color is the car that approaches the two girls? (*Light blue or silver*)
- ? As soon as the car approaches, what do the girls do? (*Run*)

### Safe Side Super Smart

- ? On what number does the girl throw her hopscotch marker? (*Five*)
- ? What is Buddy doing as the girls are playing hopscotch? (*Riding a scooter*)
- ? The driver of the car is wearing a \_\_\_\_\_ shirt. (*Red*)
- ? What is Buddy riding at the end of the bicycle shop scene? (*A unicycle*)



## Trivia questions

### Subject: HOT TIP | Know your three Safe Side Adults.

#### Safe Side Simple

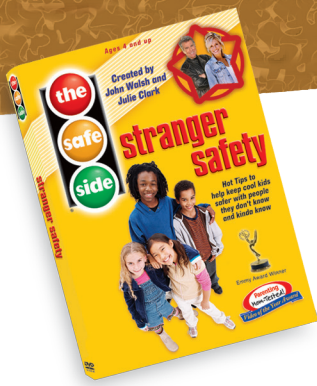
- ? What show is on when Safe Side Superchick clicks the remote? (*News—Safe Side Super News*)
- ? If you have one Safe Side Adult plus three other Safe Side Adults, how many Safe Side Adults do you have altogether? (*Four*)
- ? What is blowing while Nina is talking? (*The wind*)
- ? What happens at the end of Nina's report? (*Her wig blows away*)

#### Safe Side Standard

- ? What is the name of the person giving the news? (*Kitty Carrington*)
- ? What are they talking about on the news? (*Children are asking parents for a Safe Side Adult list*)
- ? From where is Nina talking? (*Kansas farm*)
- ? What does Kitty say at the end of the news? (*Meow*)

#### Safe Side Super Smart

- ? What does Kitty call Nina? (*Glamour Girl*)
- ? Who are Lexy's three Safe Side Adults? (*Mom's friend—Lisa; Uncle Dave; teacher—Miss Hunter*)
- ? What has happened to the gorilla in the sports news? (*A football helmet is stuck on his head*)
- ? What is the weather report? (*Sunny all the time*)



## Trivia questions

**Subject: HOT TIP | Never go anywhere, with anyone, unless you ask your Safe Side Adult first.**

### Safe Side Simple

- ? What is Safe Side Superchick doing on the counter? (*Spraying water into her straw*)
- ? What is Josh doing? (*Homework*)
- ? When Amber is walking home from school, who comes up in a car? (*Her soccer coach*)
- ? True or False . . . You need to ask permission from your Safe Side Adult before going with a Kinda Know. (*True*)

### Safe Side Standard

- ? What does Josh's dad's friend want Josh to do? (*Go out to his car to look at something*)
- ? What does Josh do when the man asks him to go to the car? (*He says he doesn't go anywhere without asking his mom or dad, and then leaves*)
- ? What happens to Safe Side Superchick when she cheers for Josh's cool response? (*She falls off the counter*)
- ? Why didn't Amber go with Coach Eric? (*He wasn't one of her Safe Side Adults*)

### Safe Side Super Smart

- ? When Fang and Safe Side Superchick are in the dog cut-outs, what name is crossed out with a red X? (*Fifi*)
- ? Why does the soccer coach tell Amber she should come with him? (*Her mom is very sick*)
- ? What color is the soccer coach's car? (*Red*)
- ? What is not allowed at the Safe Side Headquarters? (*Eating*)

### Bonus questions

- ? How is Safe Side Superchick dressed for the Hot Tip Review? (*As a detective*)
- ? What are Safe Side Superchick and Buddy playing at the end of the show? (*Frisbee*)
- ? What does Buddy do at the very end of the show? (*Gets out a little umbrella for Fang*)



## Child safety is more than a slogan

### “Stranger-Danger” warnings not effective at keeping kids safer

By Nancy McBride, National Safety Director

National Center for Missing & Exploited Children ([www.missingkids.com](http://www.missingkids.com))

“Stranger danger” - the phrase is so pervasive in our culture that it has become part of the lexicon. Well-intentioned adults perpetuate this misguided message, and the media often uses it as a slogan. A recent case illustrates how literal children may be when given a specific message. The child in this case may have evaded his rescuers, because he had been taught “not to talk to strangers.”

This case and many others clearly illustrate how literal children may be when given a specific message. That’s why the National Center for Missing & Exploited Children (NCMEC) has never supported the “stranger-danger” message, especially because experience has shown us that most children are actually taken by someone they know or are familiar with. So what does “stranger danger” really mean, and do children benefit from an outdated and incomplete message? Here’s what we have learned about the “stranger-danger” concept

- ★ Children don’t get it.
- ★ Adults don’t practice it.
- ★ It doesn’t go far enough in protecting children from potential danger.

When questioned, children will often describe a “stranger” as someone who is “ugly or mean.” They don’t perceive nice-looking or friendly people as “strangers.” And if someone talks to a child or is even around a child more than once, that person loses his or her “stranger” status. The child then thinks he or she “knows” the person. Children also want to be helpful, thrive on adult approval, and respond to adult authority. So, if someone with ill intent asks them to perform a task or tells them something has happened to a loved one, chances are good the child can be tricked.

The “stranger-danger” message becomes even more confusing for children since they can’t tell by looking at someone whether or not the person is “good” or “bad.” Wouldn’t it be great if we could point out the “bad” people to our children and be done with it? Whether it’s in a grocery store or at a baseball game, adults break the rule of “don’t talk to strangers” all the time. But adults have the benefit of experience, judgment, and decision-making skills; children do not. And sometimes adults are wrong. So, if we can’t identify “bad” people, we certainly can’t expect our children to.

Today, kids need to be empowered with positive messages and safety skills that will build their self esteem and self confidence while helping to keep them safer. Kids don’t need to be told the world is a scary place. They watch the news, hear adults talking, and may even

experience violence firsthand. Rather, they need to know their parent, guardian, or another trusted adult is there for them if they are in trouble; and most adults they encounter in their lives are basically good people.

When we tell children to “never talk to strangers,” we have effectively eliminated a key source of help for them if they are in trouble. If they’re lost, they may be surrounded by many “strangers” who could conceivably help them if they would only ask. Since we know parents and guardians can’t be with their children every second of the day, we need to give children “safety nets” of people they can go to if they need help. Those individuals may include uniformed law-enforcement or security officers; a store salesperson with a nametag; the person in an information booth at a mall or other public venue; or a mother with children. In specific situations such as being lost outside, the safety messages need to be tailored to those circumstances.

- ★ A child should never wander away from where they first became lost. If they stay put, chances are better that they will be found more quickly.
- ★ If the child gets lost in conditions like a thunderstorm or near an overflowing riverbank, then the child needs to go to the nearest safe spot and wait for rescuers.
- ★ Children should make noise either by yelling, blowing a whistle, or just attracting attention. This will help in bringing someone to their rescue.

Parents and guardians can make child safety part of a child’s everyday life in a non-threatening way by practicing some of these skills. Whether it’s checking first with a trusted adult, taking a friend, or avoiding and getting out of dangerous situations, there are easy “what if” scenarios to practice with your children to make sure they “get it.” Make outings to a mall or park an opportunity to reinforce these skills. That way they won’t have to wonder what to do if lost or in danger. Do this on a regular basis to make sure it becomes second nature. At the same time reassure them you are there for them, and remind them there are other people who can help.

NCMEC believes the time is now for our society to retire the “stranger-danger” message; realize child safety is much more important than a slogan; and make sure we are arming our children with relevant, age-appropriate messages that will empower them. Remember, there is nothing on earth that beats our parental, guardian, and caregiver supervision and attention in helping to keep our children safer.

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